



restore balance this morning


invigorate


steel-cut cinnamon-scented oatmeal
sliced banana, pecans and honey drizzle 10.00 

whole grain cereal
or crunchy all natural granola
seasonal berries or slice banana 9.00

homemade granola parfait 
fresh berries, granola and yogurt 11.00

market fresh fruit selection
selection of the season's best with
banana walnut bread 11.00

blueberry and banana smoothie 
immune-boosting blend of antioxidants
mango available at your request 8.50

hassle free pink grapefruit 
a refreshing start to your day 7.00

indulge

two eggs any style
eggs done your way, home fried potatoes
bacon, sausage or turkey sausage
and choice of toast, coffee and juice 28.00

crispy malted belgian waffle
seasonal berries, whipped cream
and warm maple syrup 17.50

stuffed french toast
pastry cream, bananas and cherry 18.50

bagel with cream cheese
plain, whole wheat or cinnamon raisin 6.00

crisp smoked bacon, turkey sausage
grilled ham or pork sausage links 6.00

freshly baked pastry basket
butter and preserves 9.00

bowl of field grown berries 
a bright mix of the season's best 11.00

chef's specialty

organic egg benedicts


oscar
organic poached eggs, lump crab meat
fresh dill hollandaise 23.00

royale
organic poached eggs, smoked salmon
asparagus, lemon caper hollandaise 23.00


california
organic poached eggs, avocado
tomato, arugula, sauce choron 23.00

seoul
organic poached egg over steamed
white rice, sweet marinated beef,
sesame spinach, chili-infused hollandaise 23.00

rejuvenate

balance breakfast 
granola parfait, choice of juice, coffee
or tea, pastry basket and croissants 27.00

granola pancakes 
blueberry and orange
with raspberry and strawberry compote 16.50

whipped egg whites omelet 
broccoli and cheddar cheese,
fresh onions, tomato and basil
with crisp potato wedges 19.00

energize

freshly brewed Starbucks® coffee
regular or decaffeinated 6.00

Illy® espresso, cappuccino
or café latte 7.00 make it a double 8.00

assorted Tazo® teas 6.00 

chilled juice
orange, grapefruit, apple, cranberry or tomato 6.50

WESTIN
HOTELS & RESORTS

start your day feeling recharged with revitalizing dishes
made from powerhouse ingredients rich in nutrients and
antioxidants

feed the body,
nourish the soul



SuperFoodsRx