

invigorate

steel-cut cinnamon-scented oatmeal
sliced banana, pecans
and honey drizzle

SuperFoodsRx[®]
9.⁵⁰

whole grain cereal
or crunchy all natural granola
seasonal berries or slice banana

9.⁰⁰

homemade granola parfait
fresh berries, granola and yogurt

SuperFoodsRx[®]
11.⁰⁰

market fresh fruit selection
selection of the season's best with
banana walnut bread

11.⁰⁰

blueberry and banana smoothie
immune-boosting blend of antioxidants
mango available at your request

SuperFoodsRx[®]
8.⁵⁰

hassle free pink grapefruit
a refreshing start to your day

SuperFoodsRx[®]
7.⁰⁰

indulge

two eggs any style
eggs done your way, home fried potatoes
bacon, sausage or turkey sausage
and choice of toast, coffee and juice

28.⁰⁰

crispy malted belgian waffle
seasonal berries, whipped cream
and warm maple syrup

15.⁵⁰

stuffed french toast
pastry cream, bananas and cherry

18.⁵⁰

options

bagel with cream cheese
plain, whole wheat or cinnamon raisin

6.⁰⁰

crisp smoked bacon, turkey sausage
grilled ham or pork sausage links

6.⁰⁰

freshly baked pastry basket
butter and preserves

9.⁰⁰

bowl of field grown berries
a bright mix of the season's best

SuperFoodsRx[®]
11.⁰⁰

chef's corner

organic eggs benedicts

oscar
organic poached eggs, lump crab meat
fresh dill hollandaise

23.⁰⁰

royale
organic poached eggs, smoked salmon
asparagus, lemon caper hollandaise

23.⁰⁰

california
organic poached eggs, avocado
tomato, arugula, sauce choron

23.⁰⁰

seoul
organic poached egg over steamed
white rice, sweet marinated beef, sesame
spinach, chili-infused hollandaise

23.⁰⁰

rejuvenate

balance breakfast
granola parfait, choice of juice, coffee
or tea, pastry basket and croissants

SuperFoodsRx[®]
27.⁰⁰

granola pancakes
blueberry and orange
with raspberry and strawberry compote

SuperFoodsRx[®]
16.⁵⁰

whipped egg whites omelet
with broccoli and cheddar
fresh onion, tomato and basil
with crisp hash browns

SuperFoodsRx[®]
18.⁰⁰

energize

freshly brewed Starbucks[®] coffee
regular or decaffeinated

6.⁰⁰

Illy[®] espresso, cappuccino or café latte
make it a double

7.⁰⁰
8.⁰⁰

assorted Tazo[®] teas
chilled juice

6.⁰⁰

orange, grapefruit, apple,
cranberry or tomato

SuperFoodsRx[®]
6.⁵⁰



feed the body,
nourish the soul

SuperFoodsRx[®]

